



whimsy
lives in me
affirmations

Moss & Moon
Studio

I create magic from ordinary moments.
Simple things feel alive to me.
Nothing is truly ordinary.
I add whimsy without losing wisdom.
I create enchantment without escaping reality.
Lightness is part of my power.
Joy is safe in my body.
Curiosity colors my days.
My inner world is rich and vibrant.
I remain steady under pressure.
My calm runs deep.
I return to my center quickly.
My energy is grounded and strong.
I bring depth to simple moments.
I wake expecting goodness.
I move through life with wonder.
I end each day with gratitude.
Magic follows my attention.
Wonder follows my awareness.
I integrate only what serves me.
My subconscious protects me.
I am grounded and enchanted.
I am steady and sparkling.
My life glows quietly.
My days shimmer with subtle wonder.

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I create magic out of ordinary moments. The everyday becomes luminous in my hands, and simple routines glow with quiet brilliance wherever I go.

I romanticize life with wisdom. I elevate what already exists and create enchantment without escaping reality.

I notice beauty naturally. My attention finds what shines, and subtle wonder reveals itself to me in ways both expected and surprising.

Joy is safe in my body. Happiness settles into my nervous system with ease, and pleasure feels natural, healthy, and deserved.

I stay grounded in chaos. I bend without breaking, adapt without losing myself, and move through challenges with grace and resilience.

I choose my perspective deliberately. My mindset empowers me, supports me, and helps me find meaning in every season of life.

I am playful and powerful at once. Lightness and depth coexist within me. Softness and strength live together inside me with perfect balance.

My joy is steady. My calm is reliable. My core is solid, anchored, and deeply rooted within me.

I do not overreact to temporary circumstances. I remain composed, clear, and thoughtful even when life feels uncertain.

I am steady and sparkling at once. I am composed and curious. I am grounded and enchanted.

Wonder lives within me, and I carry its light wherever I go.

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